

# Stepping Into Academia— Finding the Right Fit

Sunday, December 4, 2016

10:30 AM to 12:00 PM

ACPE # 0204-0000-16-323-L04P



#### **Presenters:**

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Jennifer L. Adams, Pharm.D., Ed.D.



### **Learning Objectives**

- Identify trends in pharmacy education that are shaping the workforce of the pharmacy profession
- Outline the potential benefits, opportunities, and challenges associated with a career in academia
- Propose strategies to enhance one's professional career in an academic setting
- Discuss strategies to enhance one's professional career in an academic setting

# Polling Question-Which of the following best describes you?

- Professional Student
- Resident, Fellow, Graduate Student
- Pharmacist
- Faculty Member



# Polling Question: The highest percentage of college/school of pharmacy faculty members are in:

- Non-tenure track positions
- Tenure-track positions (non-tenured)
- Tenured positions
- Institutions that do not grant tenure



Polling Question: Pharmacy practice faculty are expected to perform scholarship/research as well as teaching, patient care, and other service.

- **TRUE**
- **B**FALSE



# Trends in Pharmacy Education: Considerations for New Faculty Members

Joseph T. DiPiro, Pharm.D.

**AACP President** 

Dean and Professor
School of Pharmacy
Virginia Commonwealth University



#### **Disclosures**

- AACP President and Board of Directors
- Royalties: McGraw-Hill, ASHP, University of Georgia
- Consultant Advisor: McGraw-Hill



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### **Opportunities in an Academic Career**

- Challenge
- Growth
- Influence
- Discovery
- Creative expression



#### **Words to Describe Yourself**

Teacher
Scientist / researcher / investigator
Mentor / advisor
Writer / author / editor
Pharmacist
Leader
Administrator



# Characteristics of the Pharmacy Education Enterprise

- Approximately 139 schools/colleges (some in preliminary stages of accreditation).
- Many existing schools are expanding class sizes or developing satellite campuses.
- Much interest in progressive teaching methods.
  - Scholarship of teaching and learning
- Distributed education is commonplace



# Diversity of Colleges and Schools Pharmacy

- ~40% are part of Academic Health Centers.
  - Some colleges have academic health centers at a distant campus
- Osteopathic medical schools
- Large comprehensive universities.
- Small, private universities
- Stand alone colleges of pharmacy



# Diversity of Colleges and Schools Pharmacy

- Public (state funded) and private.
- Urban and rural and in-between.
- PharmD program structure:
  - 4 year PharmD
  - 6/7 year PharmD starting from high school
  - 3 year accelerated year-round programs
- Research-intensive vs teaching-intensive.
- Class sizes range from 45 to 345.
- Special mission: Historically Black Colleges/Universities (HBCUs) and those with religious affiliation.

#### **Academics as a Career**

- Long hours
- Modest initial pay scale
- School politics
- Rigid bureaucracy
- "Job for life"
- Travel to practice sites
- Focus on grants, publications

- Flexible time
- Job security, benefits
- Colleagues
- Receptive to new ideas
- Respects seniority
- Travel to meetings
- Values creativity
- Sabbatical



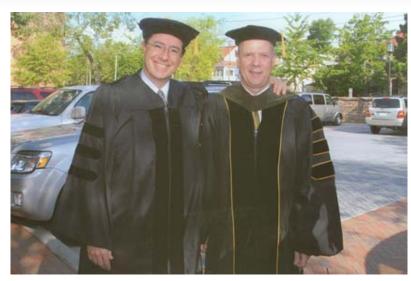
## **International Colleagues**

















# Factors Important in an Academic Career

- Support from your supervisors and employer
- Colleagues
- Opportunities to grow professionally
- Flexibility and adaptability to changing interests and life situations

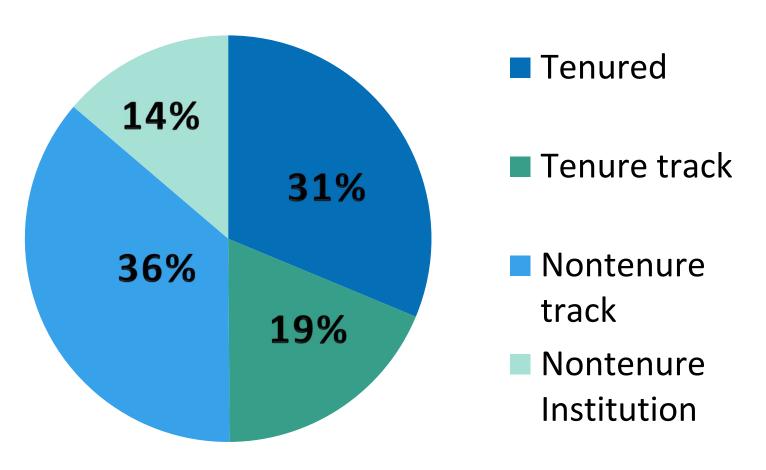


### **Financial Opportunities in Academics**

- Consulting to industry
- Speaking at meetings
- Continuing education
- Writing
- Expert witness
- Products and patents



#### **Tenure Status**



From: AACP. 2015-16 Profile of Pharmacy Faculty. Alexandria, VA, 2016.



# Attributes of a successful faculty member

- Passion for teaching.
- Self-motivated in research or scholarship.
- Good communication and interpersonal skills.
- Strong work ethic and ability to multi-task and have life balance.
- Commitment to life-long learning



# Attributes that can Promote Career Success in Academia

- Developing writing and research skills
  - Statistics, laboratory methods
- Interest in building networks
  - Learning about academic politics
- Learning how to get resources



















# Stepping Into Academia—Finding the Right Fit

Alan J. Zillich, Pharm.D., FCCP
William S. Bucke Professor and Head
Department of Pharmacy Practice
Purdue University College of Pharmacy





#### **Disclosures**

 Alan Zillich reports no relevant financial relationships



### **Learning Objectives**

- Explain the potential benefits, opportunities, and challenges associated with a career in academia
- Explain the requirements for promotion and tenure that are relevant for clinician educators
- Discuss strategies to enhance one's professional career in an academic setting



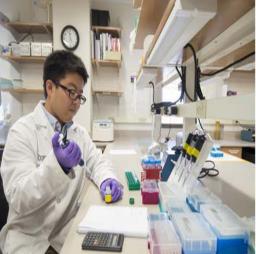




### **Benefits**

- Inspiring
- Leader
- Learner
- Challenging
- Flexibility









### **Opportunities**

32 jobs found.

Job Title/Description  Dean, School of Health Sciences  Elon University seeks an exceptional academic leader to serve as Dean of the School of Health Sciences. Elon University is a top-ranked comprehensive university that is widely recognized as a leade	Date Posted 09/01/16	Employer/Location Elon University Elon, NC, USA, NC
Assistant Clinical Professor, Pharmaceutical Sciences  The University of New England College of Pharmacy invites applications for a 12-month non-tenure track Assistant Clinical Professor position in Pharmaceutical Sciences. The College of Pharmacy is accr	08/26/16	University of New England Portland, ME

Date Job Title/Description **Posted** Employer/Location **Auburn University** Assistant / Associate / Professor 09/09/16 The Department of Drug Discovery and Development at Auburn University's Harrison School of Auburn, AL Pharmacy invites applications for multiple, 12-month tenure-track faculty positions. Individuals with experti... Faculty Position, Assistant / Associate / Full Professor of Marshall B. Ketchum University 09/09/16 Pharmacology Fullerton, CA Marshall B. Ketchum University, a private non-profit health care professions university, invites qualified applicants for full-time 12-month faculty appointments at Assistant/Associate Full Professor ... Assistant, Associate, or Full Professor: Pharmacy Practice: University of Maryland Eastern Sho... 09/09/16 **Amublatory Care** Princess Anne, MD To teach in an area of expertise in the Doctor of Pharmacy Curriculum: Ambulatory Care; participate in direct patient care; cooperate and coordinate with others in team-taught courses; develop scholar...

#### **Faculty Position**

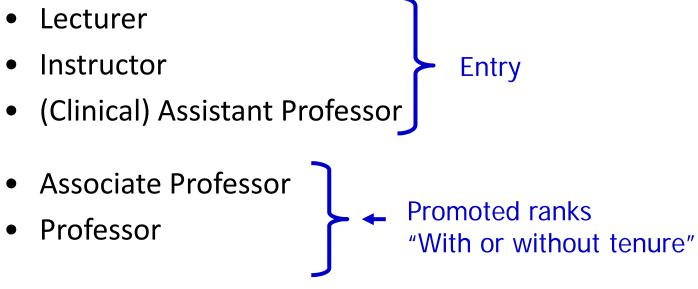
FACULTY POSITION Associate/Full Professor, Department of Clinical Pharmacy University of Tennessee College of Pharmacy – Nashville, Tennessee The University of Tennessee Health Science Center Col... University of Tennessee Nashville, TN

09/08/16



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### **Faculty Ranks and Titles**



- Department Chair/Head
- Assistant Dean, Associate Dean, Dean (CEO)
- "Adjunct/Affiliate" prefix (volunteer, preceptor)



## **Types of Faculty Members**



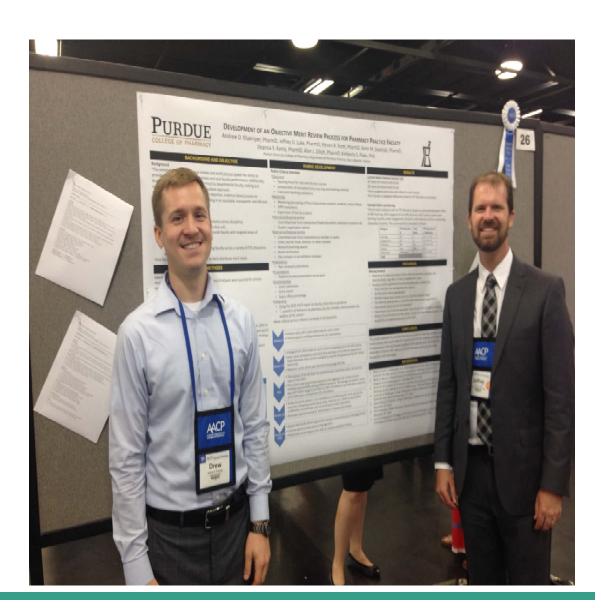
- Pharmaceutical sciences:
  - Basic
  - Translational
  - Clinical
- Social and administrative pharmacy
- Pharmacy practice





## **Faculty Pillars**

- TEACHING!!
- Engaging in scholarly work or research
- Presenting and publishing their work
- Participating in service activities (Clinical)



# Hypothetical Distribution of Effort

	Tenure Track	Non-tenure Track
Classroom Teaching	40%	15%
Clinical teaching	0%	30%
Patient care practice	0%	35%
Other service	10%	10%
Research & scholarship	50%	10%

#### **How Do I Get a Job in Academia?**

- Pharm.D. and/or Ph.D.
- Residency (PGY1, PGY2) and/or practice experience
- Fellowship and/or Post-Doc
- Passion for teaching
- Evidence and potential for scholarship
- Strong communication and organizational skills





#### **How to Get Promoted**

- ✓ Read and understand your appointment letter
- ✓ Volunteer to serve on your School/Department promotion committee
- ✓ Develop an understanding with your department chair
- ✓ Make sure performance is evaluated in writing at least annually
- ✓ Seek and <u>use</u> an appropriate senior faculty mentor(s)
- ✓ Review promotion dossiers of previously-promoted faculty
- ✓ Know the School/Department promotion requirements
- ✓ Develop a long term plan (goals) and stick to it
- ✓ Think: "What am I doing today that will help me get promoted?"

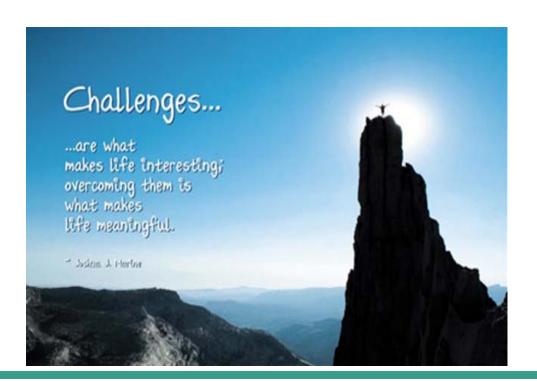
# **Promotion Requirements**

ACTIVITY	<b>EVIDENCE</b>
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Teaching Classroom (coordinator, teacher) Experiential (APPE, IPPE) Non-credit (CPE, seminars)	Syllabi, slides, exams, peer/student evaluations Rotation syllabus, peer/student evaluations Handouts, participant numbers & evaluations
Service Patient care  School, University, HC institution Professional Public	Services provided, practice innovations, patient outcomes, compensation received, letters of support Advising; Committees & projects— output counts! Organization committees, editorial boards, reviewer Outreach efforts related to your position
Research/Scholarship Peer-reviewed publications Professional/scientific presentations	Original research, reviews, case reports, etc. Poster, platform, abstracts
Intangibles	Collegiality, trustworthiness Willingness to pitch in

# Challenges of Being a Clinical Faculty Member

- Balancing teaching, research, and practice/service
- Meeting expectations of both school and practice site
- Obtaining necessary research training and experience
- Avoiding overextension beyond assigned responsibilities





# **Tips for Success**

- Define your expectations
- Know your boss
- Realize what is expected of you
- Understand how you are evaluated
- Document your achievements
- Seek feedback
- Take advantage of development opportunities
- Know the promotion process
- Find (and use) a willing mentor
- Achieve balance and avoid burnout
- Learn when to say "yes" and when to say "no"







# Balancing Teaching, Service and Scholarship: Tips from a Clinician-Educator

Joel Marrs, Pharm.D., FASHP, FCCP, FNLA
Associate Professor, Department of Clinical Pharmacy
University of Colorado Anschutz Medical Campus

# **Learning Objectives**

- Identify trends in pharmacy education that are shaping the workforce of the pharmacy profession
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## **Disclosures**

 Joel C. Marrs reports no relevant financial relationships



# **Polling Question**

Lets say you are finishing up your postgraduate training and are looking for a faculty position. Which of the following breakdown of teaching, service, and scholarship is your ideal faculty position?

- Teaching 20%; Service 10%; Research 70%
- Teaching 40%; Service 15%; Research 45%
- Teaching 60%; Service 15%; Research 25%
- Teaching 80%; Service 10%; Research 10%



# **Polling Question**

You have just accepted your first faculty position and you have 10% research time. What do you feel should be the expectation of this percent effort?

- Presenting at least 1 research poster each year
- Publishing at least 1 manuscript each year
- Publishing at least 1 research manuscripts each year
- Obtaining 1 external research grant each year

# **Types of Faculty Distributions**

#### **Tenure Track\***

- Teaching/Practice –20%
- Research/Scholarship- 65%
- Service 15%

#### Nontenure Track\*

- Teaching/Practice 65%
- Research/Scholarship –20%
- Service 15%



<sup>\*</sup>Hypothetical examples of distribution of effort (DOE)

#### What is Balance?

A state in which different things occur in equal or proper amounts or have an equal or proper amount of importance



# Let's Look at this with a SMART Approach

- Specific
- Measurable
- Achievable
- Realistic
- Time-bound



# **Specific**

#### Teaching

- Identify the expectations of school/college
  - O What % effort, course coordination, lecture hours?
- Does clinical teaching count the same as classroom teaching?
  - O Number of learners per year (IPPE, APPE, residents)?

#### Service

- Identify the expectations of school/college + clinical practice
- Does clinical service fit hear or in teaching or both?
  - Will depend on the school

- Identify the expectations of school/college
  - Annually and in the promotion cycle
- Familiarize yourself with the P&T guidelines/process

#### Measurable

#### Teaching

- What metrics can you track?
  - Hours teaching, facilitating, student evaluations, awards
- Does clinical teaching fit hear or in service?
  - Number of trainees (e.g, IPPEs, APPEs, residents)

#### Service

- What metrics can you track?
  - School committee involvement (school vs university)
  - Professional service committee involvement (state vs national)
- Does school and professional service fit here?

- What metrics can you track?
  - Publications, abstracts, presentations, grants
- What are the school's expectations?
  - What do the P&T guidelines state, dept chair expectations

#### **Achievable**

#### Teaching

- Identify the expectations of <u>school/college</u> + <u>yourself</u>
  - Variable depending on classroom vs clinical teaching
- Does this vary annually or with promotion cycles?
  - O Number of learners per year (IPPE, APPE, residents)?

#### Service

- Identify the expectations of <u>school/college</u> + <u>clinical practice</u> + <u>yourself</u>
- Is board certification expected?
- Do you have a passion for a specific service area/organization?
  - O Can you overcommit in this area (minimum vs optimal vs too much)?

- Identify the expectations of <u>school/college</u> + <u>yourself</u>
  - Annually and in the promotion cycle
- What counts for scholarship?



### Realistic

#### Teaching

- Expectations of <u>school/college</u> + <u>yourself</u>
  - Variable depending type of school
  - Variable depending on years on faculty
- What is the right balance between clinical and classroom teaching

#### Service

- Expectations of <u>school/college</u> + <u>clinical practice</u> + <u>yourself</u>
- What is the right balance of state vs national service? What is too much?

- Expectations of <u>school/college</u> + <u>yourself</u>
  - O Do you have your own goals for abstracts, publications, etc?
- What counts for scholarship?
- Have you thought about scholarship of teaching and learning?

### **Time-Bound**

#### Teaching

- Expectations of <u>school/college</u> + <u>yourself</u>
  - o Lecture hours per year? Facilitation hours per year?
  - O Number of IPPEs/APPEs per year?
- What is the expectation at promotion time?

#### Service

- Expectations of <u>school/college</u> + <u>clinical practice</u> + <u>yourself</u>
  - O How many weeks on clinical service per year?
  - O How many committees per year?
- Is there a different timeline early vs later in career?

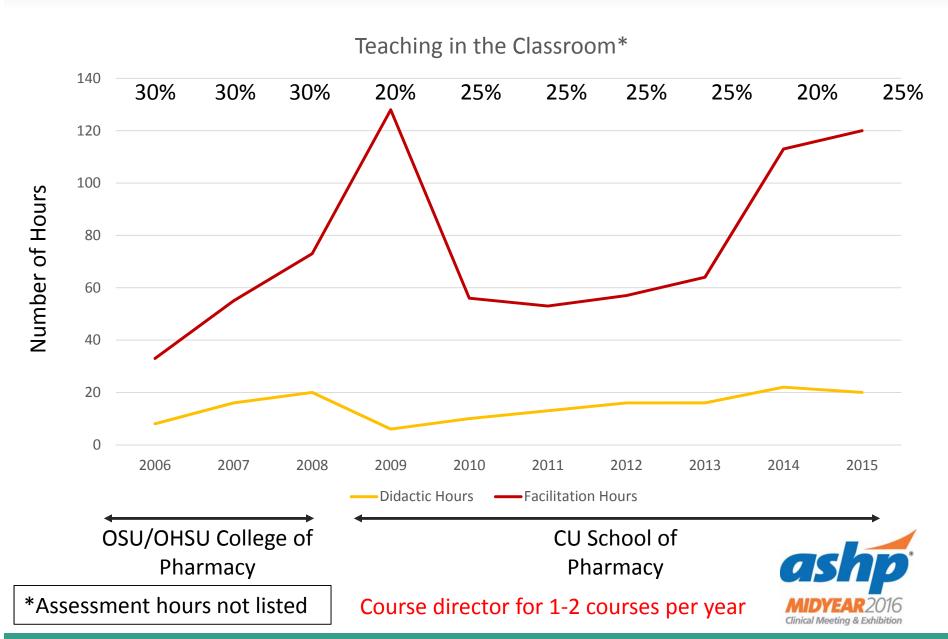
- Expectations of <u>school/college</u> + <u>yourself</u>
  - O Publications per year? Per promotion cycle?



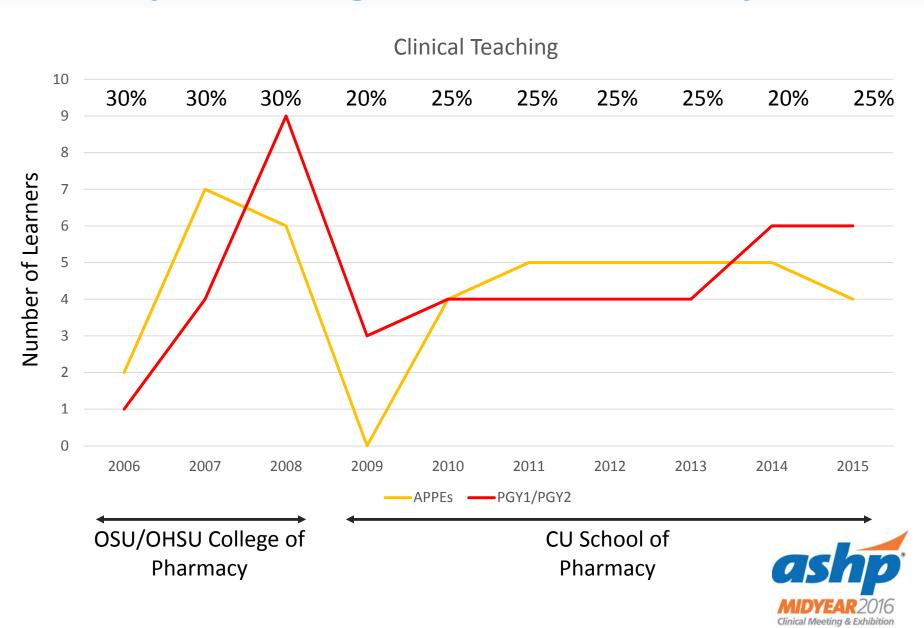
# Let's take a look back on my journey and see whether it was a balanced approach...



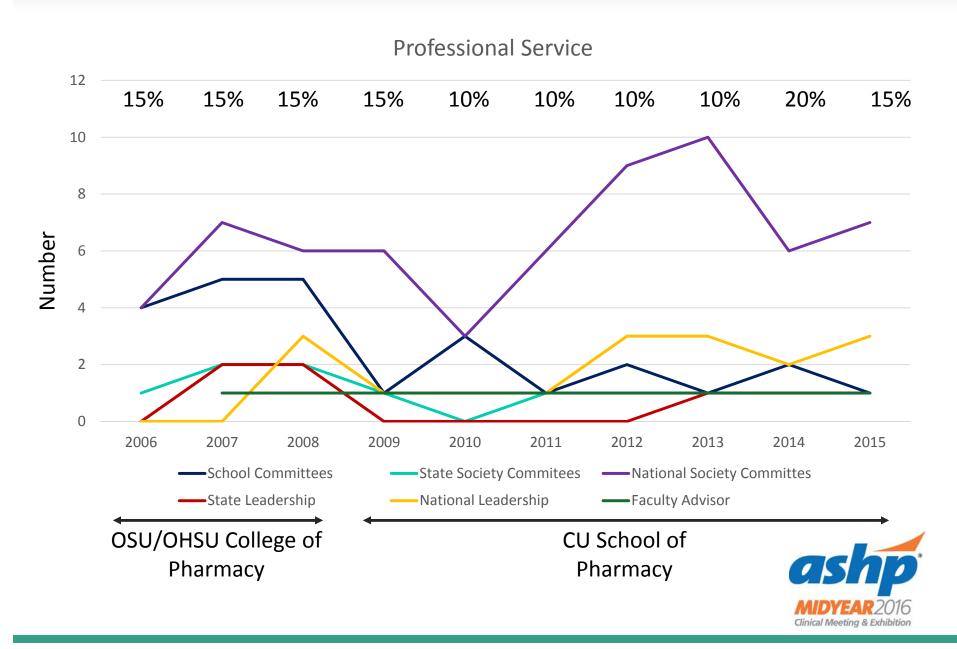
# My teaching over the last 10 years



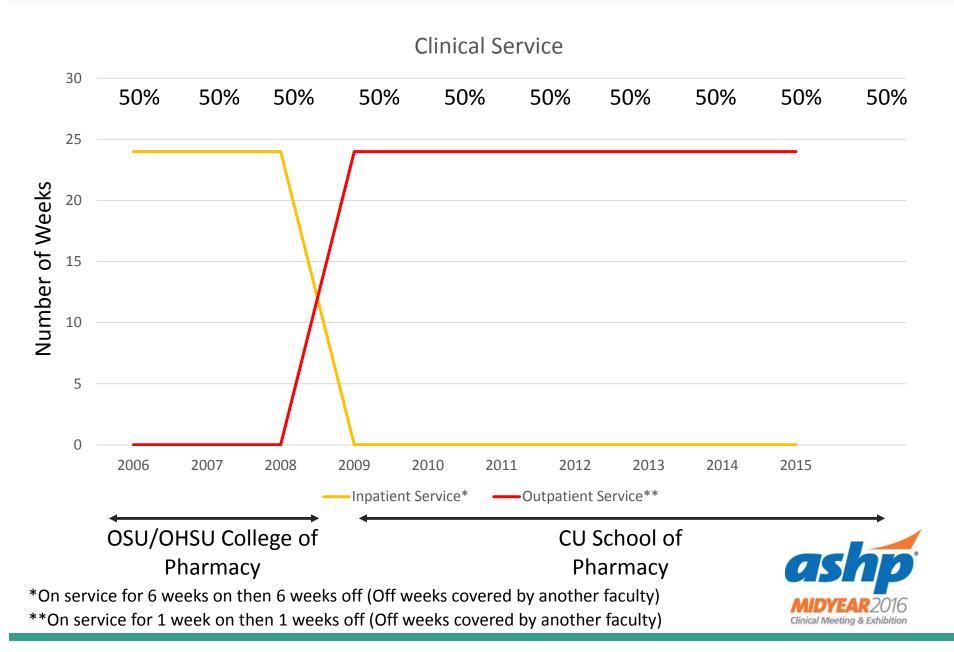
# My teaching over the last 10 years



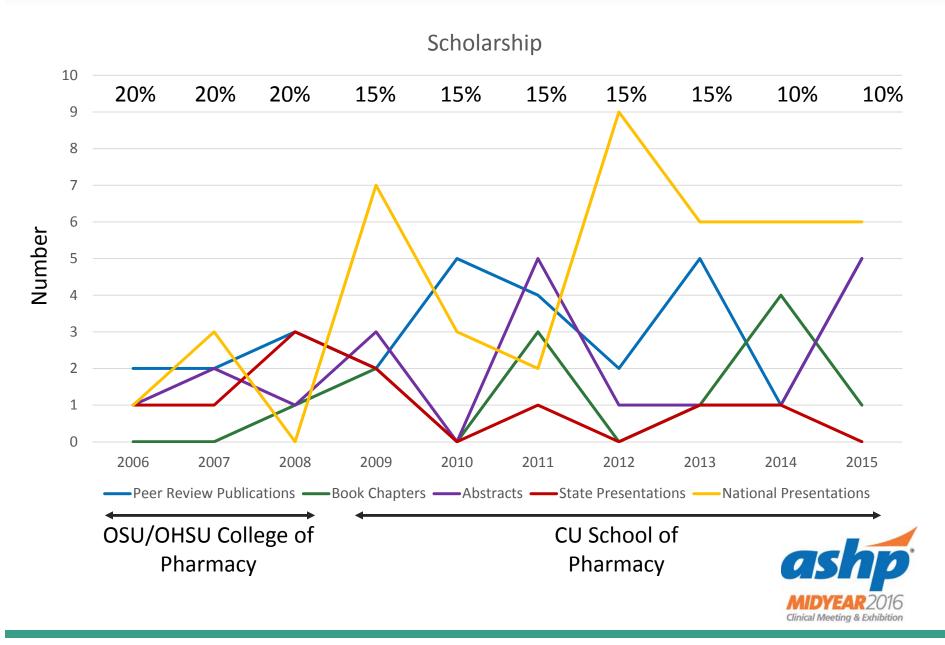
#### My professional service over the last 10 years



## My clinical service over the last 10 years



# My scholarship over the last 10 years



#### The Training Plan (Faculty Position Marathon)

	Teaching	Professional Service	Clinical Service	Scholarship	Annual Performance	Changes to plan?
Year 1	Meeting Expectations	Below Expectations	Exceeding expectations	Below Expectations	Solid 1 <sup>st</sup> year	SMART approach?
Year 2	Meeting Expectations	Below Expectations	Exceeding expectations	Meeting Expectations	Great 2 <sup>nd</sup> year	How to increase professional service?
Year 3	Meeting Expectations	Meeting Expectations	Exceeding expectations	Below Expectations	Midpoint	How to increase scholarship?
Year 4	Exceeding expectations	Meeting Expectations	Meeting Expectations	Meeting Expectations	Best year yet	How do I maintain this progress?
Year 5	Exceeding expectations	Meeting Expectations	Meeting Expectations	Below Expectations		What is the right balance?
Year 6	Below Expectations	Exceeding expectations	Meeting Expectations	Exceeding expectations	Improved in some areas and dropped in others	SMART approach?
Year 7	Meeting Expectations	Meeting Expectations	Exceeding expectations	Meeting Expectations		Promotion

Reaching the finish line in academia takes structured marathon like planning, but acknowledging there may be a few sprints along the way!



#### **Lessons Learned**

- Collaboration
  - Develop collaborators early that align with your interests
  - Maintain collaborators within and outside your institution
- Mentorship
  - Identify and maintain mentors throughout your career
  - A mentor can be for a specific focus area and may not mentor you on all aspects of your faculty position
  - Mentor-mentee relationship requires two way communication
- Scholarship
  - Numerous forms of scholarship
  - Identify your focused area(s) and expectations from your school
  - Area of focus may change over time



## **Key Takeaways**

- Key Takeaway #1
  - Careers in Academia promote lifelong learning and allow faculty members to shape the profession of pharmacy
- Key Takeaway #2
  - Finding the right balance of teaching, patient care, service, and scholarship takes an individualized approach
- Key Takeaway #3
  - Planning your academic career with the SMART approach can lead to a well balanced and successful career
    - Identify the Specifics
    - o Identify what to Measure
    - Determining a plan that is Achievable
    - o Being Realistic
    - Approaching a plan in a Time-bound fashion



# **Panel Questions**





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Skaggs School of Pharmacy and Pharmaceutical Sciences

# Opportunities for a Career in Academia from AACP

Jennifer L. Adams, Pharm.D., Ed.D.

Senior Advisor, Student Affairs
American Association of Colleges of Pharmacy





#### **Academic APPE**

- Current students: consider pursuing an academic Advanced Pharmacy Practice Experience (APPE) elective
- Residents: pursue teaching opportunities and/or teaching certificates within residency programs





### **AACP Wal-Mart Scholars Program**

- Provides \$1,000 scholarships to student-faculty pairs from AACP member institutions to attend the AACP Annual Meeting and the AACP Teachers Seminar
- Graduate students, professional (doctoral) students, residents, and fellows along with their faculty mentors, are eligible to apply
- Great opportunity to prepare for an academic career







# Thank you. Have a great Midyear Meeting

