**CONTRACEPTION: PATIENT CASE 3**

Laura Borgelt, PharmD, FCCP, NCMP, BCPS

A 17 year-old woman has recently become sexually active. She is not willing to go on the pill because she fears that her mother will see them. She currently uses condoms, but is looking for a more permanent form of contraception. She also would like to avoid having her period if possible since she is very active in sports.

* PMH: Fractured arm at age 9
* SH: Does not drink, non-smoker
* Medications: Multivitamin QD

1. What are three viable options are available for this patient? List two advantages and two disadvantages of each of these options.
2. Of the options identified, what birth control method would you recommend and why? How is this method used and what is the duration of use?
3. What counseling points would you discuss with her?
4. What is the time for return to fertility with the option you selected?

5. Does she have any contraindications to using the method you selected?